

Sport, Health, Physical and Outdoor Education

Diploma of University Studies (Sport, Physical and Outdoor Education)

Whether you've finished high school, completed VCAL, or want to advance your career with additional qualifications, this foundation course is a great option for you. Study mathematics, physical sciences, computing, design and materials and fast track from the diploma into the second year of a sport, physical or outdoor education degree, subject to attaining a satisfactory academic standard.

LOCATION	DURATION	ATAR	APPLICATION
Ballarat, Gippsland	1.5 years	Not required	VTAC / Direct
ENTRY REQUIREMENTS			
Units 1 and 2: satisfactory completion in two units (any study combination) of any Mathematics or Units 3 and 4: any Mathematics; Units 3 and 4: a study score of at least 18 in any English.			
ENTRY REQUIREMENTS (NON-YEAR 12)			
Higher Education, VET and/or Work/Life Experience			

Bachelor of Health and Physical Education

Specialise in health and PE education as well as another teaching method in english, history, maths, psychology, science or outdoor education. Areas of study include exercise physiology, biomechanics, motor development and learning, fundamentals and foundations of health and physical education, health and human development, nutrition, physical activity, creative movement, applied sports science, contemporary curriculum design, pedagogy and assessment for teaching and learning in health and physical education.

LOCATION	DURATION	GUARANTEED ATAR	APPLICATION
Ballarat, Gippsland	4 years	70	VTAC / Direct
ENTRY REQUIREMENTS			
Units 1 and 2: satisfactory completion in two units (any study combination) of Maths: General Mathematics, Maths: Mathematical Methods or Maths: Specialist Mathematics or Units 3 and 4: any Mathematics; Units 3 and 4: a study score of at least 30 in English (EAL) or at least 25 in English other than EAL.			
ENTRY REQUIREMENTS (NON-YEAR 12)		ESSENTIAL REQUIREMENTS	
Higher Education, VET and/or Work/Life Experience		Working with Children (WWC), Police record check. See study.federation.edu.au	
PROFESSIONAL RECOGNITION			
VIT, Australian Council for Health, Physical Education and Recreation (ACHPER)			

Bachelor of Outdoor and Environmental Education

Now is a great time to learn leadership, teaching and people skills to educate students about the outdoors and the environment. This course has a blend of hands-on and theoretical work, with subjects including outdoor leadership, community and bush environments, and coastal environments. You can also choose to major in tourism, human behaviour or conservation science. Perhaps you'll work in resorts, councils or community organisations. And maybe you'll start your own ecotourism company.

LOCATION	DURATION	GUARANTEED ATAR	APPLICATION
Ballarat, Gippsland	3 years	50	VTAC / Direct
ENTRY REQUIREMENTS		ENTRY REQUIREMENTS (NON-YEAR 12)	
Units 3 and 4: a study score of at least 20 in any English		Higher Education, VET and/or Work/Life Experience	
ESSENTIAL REQUIREMENTS			
Working with Children (WWC), Police record check. See study.federation.edu.au			
PROFESSIONAL RECOGNITION			
Outdoors Victoria (OV), Outdoor Education Australia (OEA)			

Bachelor of Sport, Physical and Outdoor Education

If you're thinking about a career in community sport and recreation, or if you're looking for a pathway into Outdoor Education or Health and PE (HPE) teaching, this degree is for you. This course offers two options to becoming a registered Health and PE teacher. If after completing first year, you have maintained a good academic standard, you may be eligible to apply for a transfer into second year of the Bachelor of Health and Physical Education. Alternatively, you may continue into a Master of Teaching in either secondary or primary teaching, and qualify as a Victorian Institute of Teaching registered teacher within 4.5 years.

LOCATION	DURATION	GUARANTEED ATAR	APPLICATION
Ballarat, Gippsland	3 years	50	VTAC / Direct
ENTRY REQUIREMENTS			
Units 1 and 2: satisfactory completion in two units (any study combination) of Maths: General Mathematics, Maths: Mathematical Methods or Maths: Specialist Mathematics or Units 3 and 4: any Mathematics; Units 3 and 4: a study score of at least 25 in any English.			
ENTRY REQUIREMENTS (NON-YEAR 12)		ESSENTIAL REQUIREMENTS	
Higher Education, VET and/or Work/Life Experience		Working with Children (WWC), Police record check. See study.federation.edu.au	
PROFESSIONAL RECOGNITION			
VIT, Australian Council for Health, Physical Education and Recreation (ACHPER)			

Bachelor of Exercise and Sport Science

Choose to specialise in either exercise rehabilitation, health or teaching and discover how to plan, implement and evaluate courses for athletes. Learn through industry placements as well as practical experiences.

LOCATION	DURATION	GUARANTEED ATAR	APPLICATION
Ballarat, ^{FLEX} Gippsland	3 years	50	VTAC / Direct
ENTRY REQUIREMENTS			
Units 1 and 2: satisfactory completion in two units (any study combination) of Maths: General Mathematics, Maths: Mathematical Methods or Maths: Specialist Mathematics or Units 3 and 4: any Mathematics; Units 3 and 4: a study score of at least 20 in any English.			
ENTRY REQUIREMENTS (NON-YEAR 12)			
Higher Education, VET and/or Work/Life Experience			
PROFESSIONAL RECOGNITION			
Exercise and Sport Science Australia (ESSA), and level 1 accreditation – varied.			

^{FLEX}Flexible delivery is a blend of online study with regular, scheduled on-campus classes.

Bachelor of Exercise and Sport Science (Honours)

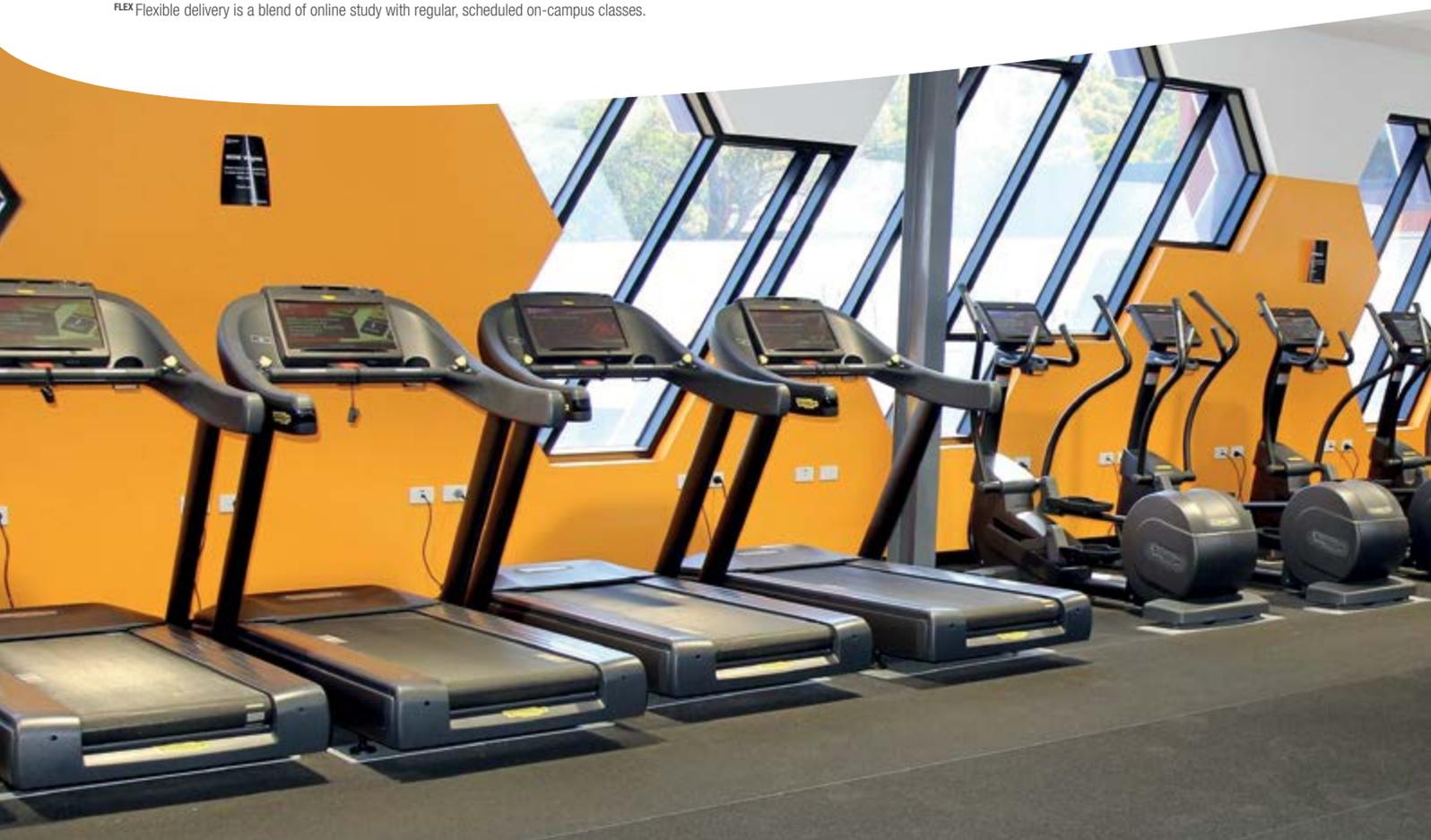
Increase specialist knowledge and develop skills in your major field of interest in exercise and sport science. Undertake a research project, as well as coursework studies in research methodologies and communication. This is a fourth-year course for graduates of science, IT and mathematical science undergraduate degrees. It serves as a prelude to a research higher degree.

LOCATION	DURATION	ATAR	APPLICATION
Ballarat	1 year	Not required	Direct
ENTRY REQUIREMENTS (NON-YEAR 12)			
Higher Education, VET and/or Work/Life Experience			

Bachelor of International Sport Management

Delivered in partnership with the World Academy of Sport, this online degree combines industry expertise with practical academic insights. Gain access to exclusive case studies and interviews from world leaders in sport management and become a future sport leader with 21st century skills.

LOCATION	DURATION	GUARANTEED ATAR	APPLICATION
Online	3 years	60	Direct
ENTRY REQUIREMENTS			
Applicants will have completed the equivalent of Victorian Certificate of Education (VCE) Year 12 with a study score of at least 25 in English and successful completion of at least Year 11 Mathematics or equivalent.			
ENTRY REQUIREMENTS (NON-YEAR 12)			
Higher Education, VET and/or Work/Life Experience			



Bachelor of Sport Management (Honours)

This course aims to develop your specialist knowledge and skills in a major field of sport management. Graduates are attractive to employers interested in motivated employees with demonstrated research skills, providing greater opportunity for promotion in the workplace.

LOCATION	DURATION	ATAR	APPLICATION
Ballarat	1 year	Not required	Direct
ENTRY REQUIREMENTS (NON-YEAR 12) See study.federation.edu.au			

Master of Clinical Exercise Physiology

Explore how health sciences integrates with the practical ability to develop and manage exercise programs for the prevention, treatment and ongoing management of injuries, chronic disease and complex conditions. Clinical knowledge, skills and experience is further applied to the completion of a research thesis or project.

LOCATION	DURATION	ATAR	APPLICATION
Ballarat	1.5 years	Not required	Direct
ENTRY REQUIREMENTS (NON-YEAR 12) See study.federation.edu.au		ESSENTIAL REQUIREMENTS Interview. See study.federation.edu.au	
PROFESSIONAL RECOGNITION Exercise and Sport Science Australia (ESSA)			

Bachelor of Health Sciences (Health Promotion)

Equip yourself for careers promoting health and wellbeing in the community. Develop an appreciation of health sciences and its relationship to human behaviour, scientific theory and our environment, as well as insights into the complexities of the health environment from both an illness and well-being perspective.

LOCATION	DURATION	GUARANTEED ATAR	APPLICATION
Ballarat, Gippsland	3 years	60	VTAC / Direct
ENTRY REQUIREMENTS Units 3 and 4: a study score of at least 20 in any English. Subject Adjustments: A study score of 35 in Biology, Chemistry or Physics equals 3 aggregate points per study.			
ENTRY REQUIREMENTS (NON-YEAR 12) Higher Education, VET and/or Work/Life Experience			

Master of Strength and Conditioning (by Coursework)

Gain accreditation required to work with high achieving athletes and equip yourself with the skills to determine physical qualities such as strength, power, speed, agility and endurance. Other subject areas covered include recovery, nutrition, injury prevention and rehabilitation.

LOCATION	DURATION	ATAR	APPLICATION
Ballarat	1.5 years	Not required	Direct
ENTRY REQUIREMENTS (NON-YEAR 12) See study.federation.edu.au			
ESSENTIAL REQUIREMENTS Police record check. See study.federation.edu.au			



At our new state of the art Health and Sports Precinct, our students develop their practical and clinical skills in a high-quality learning environment.

Offering the ideal backdrop to extend our world-class research, these facilities also provide sports science students with commercial experience in the student-led clinic and community gymnasium.

The updated anatomy and physiology laboratories also supports learning and teaching in health related programs such as exercise science, physical education, nursing, paramedicine and biomedical science.



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Federation University Australia reserves the right to alter any course, procedure or fee, as deemed necessary. Prospective students should confirm course information by visiting federation.edu.au and vtac.edu.au or by contacting the University directly. The information contained in this brochure is specifically for domestic students –international students should contact International education on a +61 3 5327 9018.

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